Accredited Registers

Condition Review: UK Council for Psychotherapy (UKCP)

April 2025

1. Outcome

- At the UK Council for Psychotherapy (UKCP)'s accreditation renewal, the Professional Standards Authority ('we') issued four Conditions of Accreditation.
- This report¹ evaluates the UKCP's progress in meeting Conditions One-Four.
- Our assessment found that Conditions has been met, and we have issued a Recommendation to support the UKCP in further improving its practice.

2. Background

- We assess registers against our Standards for Accredited Registers ('the Standards')² where a Register has not met the minimum requirement of a Standard, we can issue Conditions. A Condition sets out the requirements and the timeframe for completion that a Register must meet.
- At UKCP 's accreditation renewal, completed in March 2024, we issued four Conditions. All conditions were to be completed by January 2025. The Conditions to be addressed were:
- **Condition One:** The UKCP should ensure that its registration criteria are set out clearly within the information that the UKCP, and its Organisational Members (OMs) publish. This should include information about what applicants can expect from the equivalence route process, and what criteria/guiding principles will underpin decisions.
- **Condition Two:** The UKCP should set out a policy specifying the role of the UKCP, and its OMs, in registration appeals. The UKCP should make sure that this information is available to registrants through its own website, and that of its OMs.
- **Condition Three:** The UKCP should incorporate Unique IDs to its register, so that individuals can be accurately identified. The type of qualification that the individual has completed to gain entry to the Register should also be provided.
- **Condition Four:** The UKCP should make it clearer for the public to see which registrants are subject to interim suspension.
- This report discusses the actions UKCP took to address the Condition, as well as our decision about whether the Condition is met.

professional
standards
authority

¹ Report available at <u>Accreditation renewal report - Standards 1-8 - UK Council for Psychotherapy 13</u> <u>March 2024_0.pdf</u>

² Standards for Accredited Registers

- We reviewed the following evidence:
 - UKCP's reported actions about what it had done to meet Conditions.
 - The <u>UKCP website</u> and relevant Pages.
 - A spot-check of UKCP's <u>register</u>.

3. Concerns leading to the Condition

- The concerns that contributed to the conditions were mainly focused on standard two (Management of Register), specifically regarding the clarity of the registration process and the need to establish procedures for managing registration appeals.
- Additionally, concerns were raised to provide clear and accessible information about the interim orders and the overall ease of navigating the interim orders on the website.
- In review of the UKCP's register, we identified concerns regarding the potential for confusion between the registrants. The Accreditation Panel felt it was necessary for the UKCP to remediate this, by way of providing a Unique registration IDs to distinguish between the two.
- Further information is set out under Standard Two of the UKCP 's renewal assessment outcome³.

4. Assessment of Conditions

• UKCP provided its response to the Condition on 6 Jan 2025. The evidence for each Condition is outlined below.

Condition One

- The UKCP updated its website⁴ to provide clearer explanations of registration requirements and the equivalence route. Additionally, we asked about how UKCP ensure OMs publish consistent information, and the UKCP informed us about their periodic review system for OMs.
- This system involves regular reviews, with recommendations made when gaps in information presentation are identified. In some cases, such as noncompliance, this may lead to the removal of OMs.

Condition Two

• The UKCP reported they developed a Register Appeals Process which they have published on its registration page. In conducting our assessment of this process, we noted that it does not clearly outline the appropriate grounds for appeal, hearing process, and the potential outcomes. Therefore, we issued the Recommendation to develop these aspects

³ Accreditation renewal report - Standards 1-8 - UK Council for Psychotherapy 13 March 2024_0.pdf

⁴ Full clinical membership | UKCP

 Recommendation One: The UKCP website should clearly outline the hearing process for registration appeals and the possible outcomes of an appeal decision. This will support in informing registrants of their options for appeal. Additionally, UKCP should ensure that, through their proportionate system of checks, OMs websites also clearly publish registration appeal requirements.

Condition Three

- The UKCP added Unique registration IDs to its <u>register</u>, so that registrants can be easily distinguished.
- The register now has name, membership number, 'Find A Therapist' profile pages, Organisational Member which the registrant belongs to, and its website link. The members trainings are mentioned informing of their level of experience or expertise. We consider the register page will enable prospective service users to make informed choices about seeking services with an UKCP registrant.
- On the register webpage, the UKCP clarified that 'specifics of qualifications are held with the Organisational Member and that the OM can be contacted directly (or through UKCP) if there are queries regarding specific qualifications of individual members', which can be found on the register page'.
- In light of the above information published on the UKCP website, we consider this condition met.

Condition Four

- The UKCP updated <u>Decisions and hearings'</u> webpage make it clearer for the public to see which registrants are subject to interim suspension order.
- Furthermore, UKCP advised us that registrants who are on Interim Suspension Order are removed from the Register. They told us they felt listing interim suspension next to the registrants' register entry may lead to potential confusion if users missing this marker and considered them as current registrants.
- To assist a register user, identify interim orders, the UKCP clarified this on the <u>register</u> <u>page</u> and added a direct hyperlink to the 'Decisions' page on the register page.
- Given the updates which makes clear to a member of the public that someone is under interim suspension searching by the Register and decision page, we are satisfied that this condition is now met.

5. Conclusion

- The evidence submitted by UKCP demonstrates that Conditions have been considered and met.
- We, therefore, found that the Conditions 1, 2 (with recommendation), 3, and 4 have been met, and as a result Standards Two continue to be met. Our Recommendation will help the UKCP develop a more robust procedure for registration appeals.