

Accredited Registers Programme

Notification of Change

Summary of proposed changes

Notification of change from: **UK Council for Psychotherapy (UKCP)**

Once accredited any relevant changes that a register wishes to make will need to be assessed by the Authority to ensure ongoing compliance with [the Standards](#). Part of this assessment includes a review of information received from anyone sharing their experience. Below is a summary of the proposed changes for consideration.

<p>Summary of Proposed Changes</p>	<p>The UKCP is a registering body that exists to ‘promote and maintain high standards of practice of psychotherapy and psychotherapeutic counselling for the benefit of the public throughout the United Kingdom.’ Information about the UKCP and its work can be found at: https://www.psychotherapy.org.uk/about-ukcp/</p> <p>UKCP operates two ‘main’ registers and a ‘specialist’ register. Therapists must meet UKCP’s standards of conduct and competence to be listed on those registers.</p> <p>UKCP’s two ‘main’ registers are for trained Psychotherapists and Psychotherapeutic Counsellors respectively. UKCP requires its registrants to identify themselves as either a Psychotherapist or Psychotherapeutic Counsellor, but may use additional descriptors for their specific practise, such as ‘Transpersonal Psychotherapist’</p> <p>UKCP’s ‘specialist’ Children and Young People register is for therapists who have completed specific specialist training and who work exclusively with children and adolescents. At present, such therapists must still refer themselves as Psychotherapists and Psychotherapeutic Counsellors. They may also use descriptors such as ‘Integrative Child Psychotherapist’ and ‘Systemic and Family Psychotherapist’.</p> <p>UKCP wishes to allow members of the specialist register to directly refer to themselves as:</p> <ul style="list-style-type: none"> ● Child Psychotherapists ● Child Psychotherapeutic Counsellors ● Family and Systemic Psychotherapists <p>These therapists would still be able to use relevant descriptors such as ‘Integrative Child Psychotherapist’.</p>
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	<p>UKCP therapists who wish to use those titles must be on the Children and Young People register. This reflects meeting UKCP's specific standards of education and training for working with children and young people.</p> <p>Psychotherapists and Psychotherapeutic Counsellors who are not on the specialist register, but hold UKCP's 'Child and Adolescent Proficiency Marker' would not be permitted to use those titles, or descriptors, as their training was designed for work with adults, while meeting minimum standards to work with children and adolescents.</p> <p>UKCP aims to bring its specialist register in line with other talking therapy registers for children and young people that allow specific titles and related descriptors.</p> <p>UKCP states that no changes to its standards will be required following the proposed changes. Registrants on all UKCP's registers must continue to meet those standards. Therapists on the specialist register must already meet relevant standards for working with children and young people.</p> <p>UKCP has not identified new risks to clients and the public relating to the proposed changes.</p>
Main standards which may be affected	Standards 1, 2, 3, 6, 8, 9 and 10
Proposed Timescales	The UKCP would like to make these changes as soon as possible.