

Annual review of accreditation 2018/19

British Association of Sport Rehabilitators and
Trainers (BASRaT)

November 2018

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About the British Association of Sport Rehabilitators and Trainers

The British Association of Sport Rehabilitators and Trainers (BASRaT) registers:

- Sport Rehabilitators and Trainers

Its work includes:

- Setting and maintaining standards of practise and conduct
- Maintaining a register of qualified professionals
- Assuring the quality of education and training
- Requiring registrants to keep up their skills up to date through continuing professional development
- Handling complaints and concerns raised against registrants and issuing sanctions where appropriate.

As of October 2018, there were 821 registrants on BASRaT's register. BASRaT was first accredited on 10 December 2013. This is its fifth annual review and this report covers 10 December 2017 to 10 December 2018.

Background

The Professional Standards Authority accredits registers of people working in a variety of health and social care occupations not regulated by law. To be accredited, organisations holding such registers must prove that they meet our demanding [Standards for Accredited Registers](#) (the Standards). Accreditation is reviewed every twelve months.

Accreditation can be renewed by a Moderator in cases where all Standards are evidenced to be met. A Moderator can issue Recommendations and note Achievements.

Where concerns do exist, or information is not clear, a targeted review will be initiated by a Moderator. The outcome of this review is assessed by an Accreditation Panel, who can decide to renew accreditation, renew accreditation with conditions, suspend accreditation or remove accreditation. Panels may also issue Recommendations and note Achievements.

- **Condition** – Changes that must be made within a specified timeframe to maintain accreditation
- **Recommendation** – Actions that would improve practice and benefit the operation of the register, but do not need to be completed for compliance with the Standards to be maintained. Implementation of recommendations will be reviewed at annual renewal
- **Achievement** – Areas where a register has demonstrated a positive impact on one of the four pillars of the programme; protection, choice, confidence and quality.

Outcome

Accreditation for BASRaT was renewed for the period of 10 December 2018 to 10 December 2019.

Accreditation was renewed by a Moderator following a review of evidence gathered by the Accreditation team and supplied by BASRaT.

No Recommendations or Conditions were issued.

The following Achievement was noted:

1. BASRaT's work to engage with relevant stakeholders and work in partnership with other bodies to promote and protect the health and wellbeing of service users and the public (see paragraphs 7.3-7.4).

The following report provides detail supporting the outcome.

Assessment against the Standards for Accredited Registers

Standard 1: the organisation holds a voluntary register of people in health and/or social care occupations

- 1.1 There were no significant changes reported or noted in the past year. BASRaT reported an increase in its registrants over the past year.
- 1.2 BASRaT reported that it follows up with registrants who have lapsed, and notes that the most common reasons given by those who respond are career change or gaining further post graduate training allowing them to register with another body.
- 1.3 BASRaT reported that it has been working on projects within the exercise and health sector. One of these projects includes the possibility of the addition of a separate category on the register. Should this go ahead, BASRaT will be required to submit a notification of change to the Authority.
- 1.4 The Authority found that this Standard continues to be met.

Standard 2: the organisation demonstrates that it is committed to protecting the public and promoting public confidence in the occupation it registers

- 2.1 There were no significant changes reported or noted in the past year.
- 2.2 The Authority found that this Standard continues to be met.

Standard 3: risk management

- 3.1 There were no significant changes reported or noted in the past year. BASRaT supplied an updated risk matrix with its annual review application. When comparing the risk matrix to the one submitted last year, the team noted that there have been no changes to the risks or the risk factors. BASRaT has added further comments to the actions and mitigations column to reflect current practices.
- 3.2 The Authority found that this Standard continues to be met.

Standard 4: the organisation demonstrates that it has sufficient finance to enable it to fulfil its voluntary register functions effectively including setting standards, education, registration, complaints and removal from the register

- 4.1 There were no significant changes reported or noted in the past year. As part of its due diligence, the Accreditation team reviewed accounts provided by BASRaT to year end December 2017 and note that BASRaT appears to continue to be financially sustainable.
- 4.2 The Authority found that this Standard continues to be met.

Standard 5: the organisation demonstrate that it has the capacity to inspire confidence in its ability to manage the register effectively

- 5.1 There were no significant changes reported or noted in the past year.

- 5.2 BASRaT reported that it has updated its data protection documentation to bring it in line with the General Data Protection Regulation (GDPR). The updated documents have been published on BASRaT's [website](#). BASRaT provided training for all staff and committee members to ensure they are up to date on the new legislation. In addition, BASRaT has appointed a Data Protection Officer who will be responsible for ensuring that BASRaT remains compliant.
- 5.3 The Authority found that this Standard continues to be met.

Standard 6: the organisation demonstrates that there is a defined knowledge base underpinning the health and social care occupations covered by its register or, alternatively, how it is actively developing one. The organisation makes the defined knowledge base or its development explicit to the public

- 6.1 There were no significant changes reported or noted in the past year.
- 6.2 The Authority found that this Standard continues to be met.

Standard 7: governance

- 7.1 At last year's annual review BASRaT reported on proposed changes to its governance structures. BASRaT has now implemented these changes. The updated structure is as follows:
- The Executive Committee is responsible for setting the strategic direction of the organisation. The Executive Committee oversees the Chief Executive's Office and the Accreditation team responsible for accreditation of courses. The Chair is elected from within the Committee, which is made up of both professional and lay people.
 - The Chief Executive's Office has operational responsibility, implementing the actions and strategies set by the Executive Committee. Staff in this group include the Chief Executive, Registrar, Administrator, Communications Manager, and Web Developer. The Chief Executive reports to the Executive Committee Chair.
- 7.2 BASRaT has made changes to its website, including in the provision of information about its complaints handling as discussed under Standard 11. BASRaT has sought feedback from service users about the clarity and accessibility of information on its website. This is an ongoing project; BASRaT expects to action any feedback by February 2019 and aims to continue to monitor service user feedback.
- 7.3 BASRaT has developed [webpages](#) specifically aimed at the public to provide exercise advice and literature. BASRaT noted that the focus of this page is on 'safe, effective and enjoyable exercise participation by providing appropriate resources to positively contribute to public health and quality of life.' The team also noted BASRaT's continued partnerships with [The Daily Mile Foundation](#) and [Understand Pain](#). BASRaT has also highlighted the work it has done to engage with relevant stakeholders to promote and protect the health, safety and wellbeing of service users and the public. For example, co-hosting an event with Manchester Medical School and Exercise Works to provide educational resources to undergraduate medical and allied health programmes about the delivery of exercise and health.

- 7.4 The Moderator noted the work BASRaT has carried out to engage with relevant stakeholders and its work in partnership with other bodies where appropriate, to promote and protect the health, safety and wellbeing of service users and the public, as an Achievement.
- 7.5 BASRaT reported that one of its challenges is with the recognition of the programme with private health insurers and sporting bodies. BASRaT notes that it has put considerable effort into trying to address this by educating these groups about its registration standards and the role of the Authority and the programme within the regulatory framework.
- 7.6 BASRaT held its first student conference at the University of Nottingham in February. The conference offered workshops and seminars on various topics and ended with an interactive session on career advice from sport rehabilitation alumni. BASRaT received good feedback from the students and has decided to hold another student conference in 2019.
- 7.7 The Authority found that this Standard continues to be met.

Standard 8: setting standards for registrants

- 8.1 There were no significant changes reported or noted in the past year.
- 8.2 The Authority found that this Standard continues to be met.

Standard 9: education and training

- 9.1 There were no significant changes reported or noted in the past year.
- 9.2 BASRaT created an extra checkpoint with its accredited institutions at the end of the first academic semester. BASRaT is hoping that this will highlight any early indications of academic drift or other issues rather than waiting until the end of the academic year.
- 9.3 BASRaT's Review of Standards documentation has been updated to capture further module information, including staff student ratios of taught sessions. BASRaT also updated its Educational Framework documentation.
- 9.4 The Authority found that this Standard continues to be met.

Standard 10: management of the register

- 10.1 BASRaT reported that it is making changes to its minimum requirements to the register for the individual application route. Until now, one of the minimum requirements was an Emergency First Aid course. The new requirement will be for any of the immediate care qualifications [listed](#) by the Royal College of Surgeons of Edinburgh. This change has been introduced by BASRaT to match the BASRaT Education and Role Delineation. BASRaT noted that this change continues to reinforce high standards amongst registrants and ensures public protection.
- 10.2 Once registrants have joined the register, they will be expected to maintain the level of qualification required by their job role. The minimum ongoing requirement set by BASRaT is Emergency First Aid.
- 10.3 The Moderator sought further information from BASRaT to determine whether BASRaT had considered whether the changes implemented could pose a

barrier to entry to the register or have a negative impact on applicants. BASRaT noted that the changes will ensure that all registrants meet the same minimum standards and that the changes will be communicated effectively.

- 10.4 BASRaT outlined that all students undergo assessments at the start of courses to ensure they are able to carry out the course, which the immediate care courses form a part of. There may be a cost implication for a very small number of applicants; the majority will have this course funded through either their training provider or employer.
- 10.5 BASRaT has also updated its guidance for readmission to the register. Previously those who had lapsed for more than two years were required to complete the membership exam only if they could not provide evidence of maintaining their CPD and insurance with another organisation. BASRaT has changed the guidance; those registrants who have lapsed for more than five years will have to do the exam regardless. Those lapsed between two and five years and who can demonstrate they have maintained their CPD and insurance will not need to sit the exam, those who cannot demonstrate these criteria will have to sit the exam. Those who have lapsed for less than two years are not required to sit the exam and can re-join at the discretion of the registrar. The guidance can be found on BASRaT's [website](#).
- 10.6 BASRaT reports that this brings its readmission processes in line with other bodies such as the HCPC, as well as mitigating the greater risks posed by those practitioners who have lapsed for more than five years.
- 10.7 BASRaT has also implemented a new process for assessing membership applications. Following an initial review from the Registrar, a second full review is completed by the Quality Officer, who is a member of the Executive Committee. Comments from both reviewers are documented and sent to the applicant to help them identify any areas that need development.
- 10.8 BASRaT reported that it faced a challenge during the 2018 renewal period due to technical difficulties with the updated online renewal system. This caused 150 registrants of good standing to remain on the public register two weeks after their registration expired and before their registration was processed. In addition, a small number of registrants who had completed their renewals were not flagged up on the system causing delays. Once the issues had been recognised, BASRaT removed those who had not completed the renewal process, and all were contacted to ask them to complete the registration process. BASRaT has taken steps to ensure that these problems do not occur again.
- 10.9 The Authority found that this Standard continues to be met.

Standard 11: complaints and concerns handling

- 11.1 There were no significant changes reported or noted in the past year.
- 11.2 BASRaT reported that it has completed an internal review of how its complaints information is presented online. BASRaT made some changes to the links, to make the documents more accessible.

- 11.3 BASRaT reported that it has received three concerns about practitioners over the past year, none of which went to hearing. The Moderator reviewed and noted the details of these three complaints.
- 11.4 BASRaT received one complaint against itself relating to difficulties in the payment of fees, this was resolved to the satisfaction of the registrant.
- 11.5 The Authority found that this Standard continues to be met.

Share your experience

- 12.1 The Accreditation team did not receive any responses to the invitation to share experience and did not receive any concerns about BASRaT during the accreditation year.

Impact assessment

- 13.1 There were no significant changes reported or noted in the past year.
- 13.2 As outlined within Standard 10, the Moderator considered whether BASRaT's changes to its first aid/immediate care entry requirements would impact on the accessibility of the register or cause a barrier to individuals wishing to apply. The Moderator was satisfied they did not.

Equality duty under the Equality Act 2010

- 14.1 The Authority had regard to its duty under the Equality Act 2010 when considering the application for renewal of accreditation.
- 14.2 As outlined within Standard 10, the Moderator had regard to and considered whether changes to BASRaT's first aid/immediate care entry requirements would have a negative impact on the ability of any individual to join the register. BASRaT provided further reassurance that this would not have a negative impact.