

Accredited Registers Programme

Notification of Change

Summary of proposed changes

Notification of change from: **The National Counselling Society (NCS)**. Once accredited any relevant changes that a register wishes to make will need to be assessed by the Authority to ensure ongoing compliance with [the Standards for Accredited Registers](#). Part of this assessment includes a review of information received from anyone sharing their experience. Below is a summary of the proposed changes for consideration.

<p>Summary of Proposed Changes</p>	<p>The National Counselling Society (NCS) is a professional body that operates an Accredited Register for counsellors and psychotherapists. Registrants must hold as a minimum a full qualification in counselling or psychotherapy practice at Ofqual RQF Level 4 or equivalent, that has been accredited by the NCS or which complies with the NCS' currently published standards of training. Registrants can apply for higher grades of registration having demonstrated suitable qualifications and experience.</p> <p>The NCS proposes to create a new register for existing NCS registrants. When admitted, they will be able to use the title: <i>Children and Young People Therapist. (CYPs)</i>.</p> <p>CYPs are talking therapists who work with children (4-10 years) and young people (11-25 years) using verbal counselling skills and other techniques such as play therapy.</p> <p>NCS counsellor registrants using the existing title of Accredited Registrant, and its related grades, may already work with children and young people. The NCS intends the CYP title provide assurance that practitioners have undertaken specific training to work with these age groups.</p> <p>The Society has commissioned its own Good Practice Guidance documents and a Competency Framework to support registrants who work with Children and Young People. The framework is based predominantly on the humanistic counselling modality.</p> <p>CYPs will have relevant skills and competences including stages of child development, the importance of arts and play, and working with trauma.</p>
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	<p>CYPs will also have specific competencies related to safeguarding, the legal implications of working with children and young people, making referrals, and liaising with parents and carers.</p> <p>To use the CYP title, applicants to the register must meet the NCS' standard requirements and also demonstrate holding core competencies that meet NCS' Competency Framework. Existing registrants would have a time-limited period to demonstrate to the NCS they hold the relevant competencies to use the new title. This process would be subject to review by an independent NCS sub-committee with subject experts.</p> <p>CYP registrants would be subject to the Society's existing requirements, including complaints processes. Complaints and appeals panels, where required, would include subject-experts.</p> <p>The Society will publish information about CYP registrants and their modality alongside other titles, as listed at: https://nationalcounsellingsociety.org/counselling-directory.</p>
Main standards which may be affected	1, 2, 3, 5, 6, 7, 8, 9, 10
Proposed Timescales	The NCS would like to make these changes as soon as possible.