

Accredited Registers Programme

Notification of Change

Summary of proposed changes

Notification of change from: **The National Counselling Society (NCS)**. Once accredited any relevant changes that a register wishes to make will need to be assessed by the Authority to ensure ongoing compliance with [the Standards for Accredited Registers](#). Part of this assessment includes a review of information received from anyone sharing their experience. Below is a summary of the proposed changes for consideration.

<p>Summary of Proposed Changes</p>	<p>The National Counselling Society (NCS) is a professional body that operates an Accredited Register for counsellors and psychotherapists. Registrants must hold as a minimum a full qualification in counselling or psychotherapy practice at Ofqual RQF Level 4 or equivalent, that has been accredited by the NCS or which complies with the NCS' currently published standards of training. Registrants can apply for higher grades of registration having demonstrated suitable qualifications and experience.</p> <p>The NCS proposes to create a new register for existing NCS registrants. When admitted, they will be able to use the title <i>Psychosexual, Relationship and Couple Therapists (PRCTs)</i>. PRCTs are talking therapists who work with individual clients, couples and those in other intimate relationships to help them address presenting issues such as sexual dysfunction, relational issues and conflict resolution.</p> <p>NCS counsellor registrants using the existing title of Accredited Registrant, and its related grades, may already treat clients for such matters in their work. The NCS intends that registering practitioners under this specific title will ensure that clients are treated by those specifically trained and competent to work in this field.</p> <p>The NCS has referred to the existing knowledge base for therapies in this field. Trainings acceptable to the NCS cover fundamental competencies such as helping a couple to change their view of their relationship; modifying dysfunctional behaviour; decreasing emotional avoidance; improving communication and promoting strengths.</p> <p>To use the new title, NCS registrants will demonstrate relevant competencies at RQF Level 4 or equivalent. Registrants who can provide evidence that they are competently practicing as a Psychosexual, Relationship and Couple Therapist may provide for</p>
---	--

	<p>assessment a written statement of their PRCT practice with reference to the relevant competencies and evidence of appropriate supervision</p> <p>PRCT registrants would be subject to the Society's existing requirements, including complaints processes. Complaints and appeals panels, where required, would include subject-experts.</p> <p>The Society will publish information about PRCT registrants and their modality on the https://www.nationalcounsellingociety.org/ website.</p>
Main standards which may be affected	1, 2, 3, 5, 6, 7, 8, 9, 10
Proposed Timescales	The NCS would like to make these changes as soon as possible.