

# Accredited Registers Programme

## Notification of Change

### Summary of proposed changes

Notification of change from: **The National Counselling Society (NCS)**. Once accredited any relevant changes that a register wishes to make will need to be assessed by the Authority to ensure ongoing compliance with [the Standards for Accredited Registers](#). Part of this assessment includes a review of information received from anyone sharing their experience. Below is a summary of the proposed changes for consideration.

Summary of Proposed Changes	
	<p>The <a href="#">National Counselling Society (NCS)</a> is a professional body that operates an Accredited Register for counsellors and psychotherapists. Registrants must hold as a minimum a full qualification in counselling or psychotherapy practice at Ofqual RQF Level 4 or equivalent, that has been accredited by the NCS or which complies with the NCS' currently published standards of training. Registrants can apply for higher grades of registration having demonstrated suitable qualifications and experience.</p>
	<p>The NCS proposes to create a new register for practitioners working as <i>Person-Centred Experiential Therapists (PCETs)</i>. PCET is: 'part of the group of therapies that are based on humanistic-existential psychology. The approach is grounded in the idea that people are motivated within themselves towards achieving an optimal level of positive psychological functioning if the conditions in their life are supportive.'</p>
	<p>The NCS defines PCETs as 'talking therapists who work with clients to help them address a wide range of presenting issues, and to assist them in finding more satisfying and fulfilling ways of living.'</p>
	<p>The NCS highlighted Person-Centred Experiential Therapy as being widely recognised modality within the UK. 'Person-centred experiential - Counselling for Depression (PCE-CfD)' is offered as one of the high-intensity psychological therapies provided by the <a href="#">Improving Access to Psychological Therapies (IAPT)</a> programme for the treatment of depression.</p>
	<p>While existing NCS counsellors may practice PCET-based counselling, the NCS aims to create a separate register of practitioners with the PCET title. The NCS advises this is in response to an increasing association of the titles 'counsellor' and psychotherapist' with a medical model of talking therapies, representing 'the medicalisation of distress'</p>

	<p>and the dominance of biomedical psychiatry/pharmacology'. NCS aims that its PCET register represents an alternative to this approach.</p> <p>NCS-registered PCETs will demonstrate competencies in PCET at RQF Level 4 or equivalent. Existing NCS registrants may be listed on the PCET register by providing a written statement of their PCE practice and evidence of appropriate PCE supervision, for NCS' assessment.</p> <p>Registrants will use the NCS-specific title of 'Accredited Person-Centred Experiential Registrant (MNCS PCET Accred)' equivalent 'Accredited Registrant (MNCS Accred)' used by NCS counsellors that meet minimum standards for registration.</p> <p>PCET registrants would be subject to the Society's existing requirements, including complaints processes. Complaints and appeals panels, where required, would include subject-experts.</p> <p>The NCS will publish information about PCET registrants and their modality on the <a href="https://www.nationalcounsellingociety.org/">https://www.nationalcounsellingociety.org/</a> website.</p>
<b>Main standards which may be affected</b>	1, 2, 3, 5, 6, 7, 8, 9, 10
<b>Proposed Timescales</b>	The NCS would like to make these changes as soon as possible.