

# Accredited Registers Programme

## Notification of Change

### Summary of proposed changes

Notification of change from: **The National Counselling Society (NCS)**. Once accredited any relevant changes that a register wishes to make will need to be assessed by the Authority to ensure ongoing compliance with [the Standards for Accredited Registers](#). Part of this assessment includes a review of information received from anyone sharing their experience. Below is a summary of the proposed changes for consideration.

<p><b>Summary of Proposed Changes</b></p>	<p>The <a href="#">National Counselling Society (NCS)</a> is a professional body that operates an Accredited Register for counsellors and psychotherapists. Registrants must hold as a minimum a full qualification in counselling or psychotherapy practice at Ofqual RQF Level 4 or equivalent, that has been accredited by the NCS or which complies with the NCS' currently published standards of training. Registrants can apply for higher grades of registration having demonstrated suitable qualifications and experience.</p> <p>The NCS proposes to create a new register for <i>life coaches</i> working in health and care contexts. Such health, or wellness, coaches may help treat a range of symptoms including stress, anxiety, exhaustion, dissatisfaction with life and work and a lack of fulfilment in relationships.</p> <p>NCS advised it had developed this register in response to certain specific identified risks. These include a risk that ill-trained coaches may overstep the boundaries of their role, for example by engaging in evaluation or advocacy. They may focus exclusively on clients' practical development and achievement goals, without having the competence to recognise treat, or refer underlying mental health issues.</p> <p>NCS-registered life coaches will have demonstrated meeting defined levels of training developed from common standards agreed by leading industry bodies. Existing NCS registered counsellors who offer coaching may join the Coaching register by providing satisfactory evidence of being equipped with the coaching competencies listed in our Training Standards. Registrants other than existing NCS registered counsellors must have achieved at least Level 2 recognition from a professional life coaching body recognised by the Society as meeting the NCS' training standards for coaching. Registrants must</p>
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	<p>also have supervision from supervisors competent in coaching practices.</p> <p>Life Coaching registrants would be subject to the NCS' existing requirements, including complaints processes. Complaints and appeals panels, where required, would include subject-experts.</p> <p>The NCS will publish information about life coaching and its registrants on the <a href="https://www.nationalcounsellingsociety.org/">https://www.nationalcounsellingsociety.org/</a> website.</p>
<b>Main standards which may be affected</b>	1, 2, 3, 5, 6, 7, 8, 9, 10
<b>Proposed Timescales</b>	The NCS would like to make these changes as soon as possible.