## From accredited register to statutory regulation: the Belgian case for clinical psychologists

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## In the beginning ...

- Psychology as a science: study of human behaviour
- Psychology and health: psychiatric wardens
- No legal regulation





### Client - perspective

Identification?	<ul> <li>Psychologist – psychotherapist – Coach -</li> </ul>
Quality?	<ul> <li>What's behind the title?</li> </ul>
Access?	<ul> <li>Financially, referalls, stigma</li> </ul>
Protection?	<ul> <li>Public safety</li> </ul>



### Professional perspective

Recognition	<ul> <li>Training, field, expertise, ethical code</li> </ul>
Influence	<ul> <li>Body of knowledge</li> </ul>
Well - being	• Burden, loss of quality
Field	<ul> <li>Splintered, rivalry</li> </ul>



### Accreditated register



- Visibility
- Standards
  - Training
  - Ethical code
- Limitations
  - Voluntary membership
  - Regulating and advocating?
  - Patient perspective

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logie | Zoek psycholoog | Divisies | Dossiers | Vorming & Opleiding | Regiokringe

#### svereniging voor n psychologen

grootste vereniging voor licentiaten en masters in de sychologie in België. De vereniging behartigt de belangen eden en zorgt ervoor dat klinisch psychologen nieuwe n ervaringen kunnen uitwisselen.



# Towards legal regulation

#### 1993 - Protection title of psychologist

2014 - Ethical code by law

> 2016 - Clinical psychologist as a health profession



### Patient - perspective

Identification?	<ul> <li>Licensed clinical psychologist</li> </ul>
Quality?	<ul> <li>Masters degree + supervised practice</li> </ul>
Access?	<ul> <li>Reïmbursement, primary care, integrated care</li> </ul>
Protection?	<ul> <li>Patient rights</li> </ul>



### Professional perspective

#### **Recognition?**

• Autonomy

#### Influence

• Growing interest

### Well - being

Increased burden

#### Field

• More organised, regulatory vs professional body



# Thank you

Any questions?